

24 JOURNAL PROMPTS FOR 2024 SPIRITUAL REFLECTIONS

1. Where did you see God's hand at work in your life most this year?
2. What's 1 overarching lesson God taught you over the past year?
3. Write about a specific time when you experienced God's faithfulness. What did you learn from that moment?
4. What Scripture verse resonates most with you as you enter this New Year? Why?
5. What is one area of your life where you feel God is calling you to grow or change?
6. Write about your hopes and dreams for this year. How can you align them with God's plans for you?
7. What fears or anxieties are you carrying into the New Year? Surrender them to God in prayer.
8. List 3 spiritual disciplines you want to cultivate this year (e.g., prayer, fasting, Bible study).
9. Write about a relationship you feel called to nurture or mend. How can God guide you in this?
10. Reflect on the concept of forgiveness. Is there someone you need to forgive or seek forgiveness from?

PAGE 2

11. Describe your personal mission or purpose as you understand it today. How does it honor God?
12. Write a letter to your future self, sharing your spiritual goals for the year and your prayers for growth.
13. Reflect on God's grace in your life. How has He shown you mercy and unmerited favor?
14. What distractions are keeping you from focusing on your spiritual journey? How can you address them?
15. Journal about a recent challenge or trial. How has God used it to shape your character or faith?
16. What does "rest" look like for you? How can you make space for Sabbath and refreshment this year?
17. Reflect on a time when you felt closest to God. What was different about that season, and how can you return to it?
18. Write about three things you're grateful for today. How can you cultivate a habit of gratitude this year?
19. What talents, gifts, or resources has God entrusted to you? How can you use them to serve others?

PAGE 3

20. Imagine yourself at the end of NEXT year. What do you hope to look back on with joy and peace?

21. Reflect on the people God has placed in your life. How can you pray for and encourage them this year?

22. Write a prayer for 2025, asking God for guidance, wisdom, and strength in every area of your life.

23. Reflect on a specific Bible story or parable that inspires you. What lessons does it hold for your life today?

24. End with a moment of praise: List all the ways God has blessed you and thank Him for His goodness.